



THE **DANG** TRUTH



Volume 3 | Issue 4

May, 2022

The Official Newsletter of the 166th Airlift Wing | Delaware Air National Guard

CONTENTS

166th MXG Prop Shop	Page 1
166th COS and State of Del Training	Page 3
Airman Spotlight - MSgt Michael McBride	Page 4
Promotions and retirements	Page 5
Emotional Intelligence	Page 6
Feathers of the Wing	Page 7
Mental Health Month	Page 8
State Partnership Award	Page 9
Recruiting: SSgt Jovon Farrell-Newman	Page 10
Airman & Family Readiness	Page 11
DANG Family Day	Page 13
Military OneSource: Shop Smart	Page 14
DNG Safety Newsletter	Page 15
Chaplains message	Page 17
AF Connect App	Page 18

UPCOMING EVENTS

4-7 June	AMC Graded inspection	NCCA
Sept RSD	Family Day	NCCA
17-Dec	Military Ball	NCCA
17-23 Aug 2023	UEI Capstone	NCCA

THE 166TH MXG PROP SHOP IS TOPS



Propulsion Section Leaders MSgt Mark Wygant and TSgt Justin McGinnis, and Propulsion Technician TSgt Paul Freebery install a valve housing on to a pump housing for a propeller build up, 4-May-2022. This prop build-up was installed on a 166th Airlift Wing C-130H.2 during May RSD. (U.S. Air National Guard photo by Mr. Mitch Topal)



A T-56 Turbine engine waits to be married to a propeller and installed on a Delaware National Guard C-130H2.5 Hercules, 8-May-2022. A routine home station inspection revealed slight corrosion which made its replacement necessary. (U.S. Air National Guard photo by Mr. Mitch Topal)

The sound of ratchet wrenches and the clinks of screwdrivers echoed off the walls in the 166th Maintenance Group propulsion section's work repair facility. Allison T-56 turbo prop engines and Hamilton Standard propellers were scattered around the garage, sitting on rolling mounts. Senior Master Sergeant James C. Wheeler, the shop superintendent was filling out paperwork in his office while listening to country music.

The mission of the propulsion section is to maintain the key elements of the engines and props. The unit performs routine inspections that are meant to reveal aircraft components that need

See "Prop Shop" continued on page 2

...And *that's* the DANG Truth!

Social Media Links:

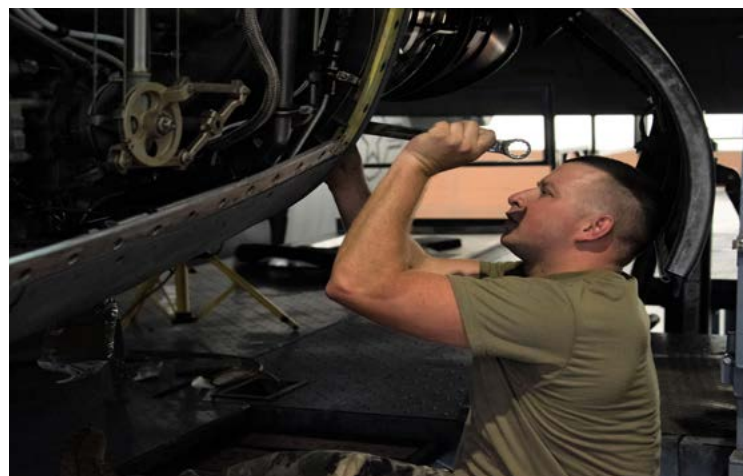
Facebook: 166th Airlift Wing Instagram: @166thAirliftWing Flickr: delawareairnationalguard



“Prop Shop” continued from page 1



Airmen with the 166th Airlift Wing, 166th Maintenance Squadron fabrication shop inspect the engine truss mount for cracks before mounting a new engine at the Delaware Air National Guard Base, New Castle, Del., May 8, 2022. The original engine was removed from the aircraft as part of routine maintenance operations. (U.S. Air National Guard photo by Mr. Mitch Topal)



U.S. Air Force SSgt Andrew DeAscanis, a propulsion technician with the 166th Maintenance Squadron, secures a new engine for a C-130 Hercules aircraft at the New Castle Air National Guard Base, Del., May 14, 2022. The C-130 mission is the main mission of the 166th Airlift Wing. (U.S. Air National Guard photo by Airman 1st Class Mackenzie Snyder)

to be given a major overhaul.

Propulsion Section Leaders MSgt Mark Wygant and TSgt Justin McGinnis, and Propulsion Technician TSgt Paul Freebery were gathered behind a propeller installing a valve housing on to a pump housing for a propeller build up.

“It mechanically controls the blade movement of the variable pitch propellers. It’s essentially the ‘brains’ of the operation of the propeller,” explained Tech Sergeant McGinnis.”

When finished, it will be mated to a refurbished engine. Then, the whole assembly will be hung on the no. 2 position of C-130H.2 (tail number 1236). That aircraft finished its home station inspection in the iso hangar. The inspection revealed corrosion behind the no. 2 propeller, which prompted its replacement.

T-56 engines are usually good for 4,000-4,500 hours of running time

before requiring a major overhaul. The propellers usually require refurbishment after 2,000-2,500 hours

“That’s not the textbook answer, but that’s what we see historically,” said Master Sergeant Wygant.

Compared to earlier designs, the engines on the DANG’s C-130 H2.5s—the Allison T-56 3.5s—have upgraded compressors and turbines which make them more efficient. Over 18,000 of these engines have been produced since 1954, logging over 200 million flying hours.

“The toughest things to access during maintenance are the oil tank shut-off valve and the enrichment solenoid valve. You’re doing it

“T-56 engines are usually good for 4,000-4,500 hours of running time before requiring a major overhaul. The propellers usually require refurbishment after 2,000-2,500 hours.

blind through a 6” access hole. It’s all touch and feel,” added Wygant.

Meanwhile, in the main hangar a 3-member team from the 166th Maintenance Group were busily preparing the no. 2 engine on one of the DANG’s C-130H2.5s. The aircraft was enveloped by scaffolding, giving it the appearance of a caged bird while the Airmen installed engine trusses and other needed mechanisms to get it ready to receive the engine and propeller assembly from the propulsion unit.

Finally, over May 2022 RSD weekend, Airmen of the 166th Maintenance Group successfully installed and tested the newly rebuilt propulsion unit.



Airmen with the 166th Airlift Wing, 166th Maintenance Squadron, jet propulsion section, tighten a mounting bolt on a new engine at the Delaware Air National Guard Base, New Castle, Del., May 14, 2022. The original engine was removed from the aircraft as part of routine maintenance operations. Four bolts connect the engine to the wing, ensuring that the torque is correct is a critical part of the installation process. (U.S Air National Guard photo by Senior Airman Brandan Hollis)

THE 166TH CYBER OPERATIONS SQUADRON PARTNERS WITH STATE OF DELAWARE IT PROFESSIONALS



NEW CASTLE AIR NATIONAL GUARD BASE, DEL. -- The 166th Cyber Operations Squadron assists in the training of the State of Delaware IT professionals who perform cyber security work for the State's networks and websites, 13-May-2022. This training took place at the 166th COS I/O range and is geared to help them better utilize the tools that are available to them. (Air National Guard photo by Mr. Mitch Topal)

The 166th Cyberspace Operations Squadron, as part of our ongoing state active-duty mission to support the State of Delaware's cyber security efforts, is providing training to some of Delaware's IT professionals on the 13th,

16th, and 17th of May. The training is also open to Army counterparts, and at least one MARFORCYBER attendee. This unique partnership is only one of several distinct lines of effort the squadron is providing to the state.

AIRMAN SPOTLIGHT

Master Sergeant Michael McBride

142d Aeromedical Evacuation Superintendent

MSgt. Michael McBride, Superintendent of the 142d Aeromedical Evacuation Squadron, was recently recognized as the 2021 Air National Guard Outstanding Aeromedical Evacuation Crew Member of the Year for the Senior NCO Category. The award recognizes individual excellence, leadership, and duty performance by a member providing operational aeromedical evacuation at the unit level.

Throughout 2021, MSgt. McBride had a significant number of accomplishments that garnered him this prestigious award. As a Flight Evaluator, he is one of the cornerstones that is behind the success of the 142d Aeromedical Evacuation Squadron being able to develop competent and mission-focused junior aeromedical evacuation crew members. As a Unit Deployment Manager, MSgt. McBride oversaw three separate Aerospace Expeditionary Force rotations, where he deployed 40 personnel in support of Operations FREEDOMS SENTINEL, INHERENT RESOLVE, ALLIES REFUGE, and ALLIES WELCOME. Additionally, he orchestrated 11 United States Transportation Command Bid Missions where he deployed 42 personnel that moved a total of 293 patients and attendants throughout CONUS and the Pacific Command Theater. MSgt. McBride also helped pioneer the aeromedical evacuation community's involvement in the Multi-Capable Airmen concept. He helped



integrate Air National Guard resources with Air Force Reserve Command and the Active Duty components helping toward future implementation of agile combat employment.

MSgt. McBride also deployed in support of the COVID-19 pandemic where he was the NCOIC for a force package team comprised of 16 AE and Surgeon General's personnel. He ensured all personnel were trained on enhanced skills to properly employ the negative pressure conex used for isolation measures while transporting patients with infectious diseases.

MSgt. McBride helped host a multi-service TCCC-Medical Providers' course as well where 30 students and six instructor candidates received their certification. Lastly, MSgt.

McBride successfully completed his Master's in Business Administration with a concentration in Finance from Penn State University.

In addition to his MAJCOM level award, MSgt. McBride was selected as the new NGB Aeromedical Evacuation Functional Area Manager. In the near future, he will transition to ANGRC where he will work alongside of the Aeromedical Evacuation Operations and Plans Branch Chief. He will be the focal point at NGB for all nine of the Air National Guard's aeromedical evacuation squadrons. Once again, an outstanding member of the wing has helped put the DANG on the map.



Promotions & Retirements

May 2022

Promotions

Christopher Farrell to Maj
Todd Dugar to CMSgt
Sean Lind to SMSgt
Khali Ruffin to SMSgt
Taylor Conyers to MSgt
Patrick Mahoney to MSgt
Ashley Mailley to MSgt
Gabrielle Price to MSgt
Carlton Guiden to TSgt
Christian McMahan to TSgt
America Ruiz Torres to TSgt
Michael Orth to SSgt
James Rosa to SSgt
Gabrielle Shatkus to SSgt
Matthew Williams to SSgt
Shacour Brissett to SrA
Christopher Hopkins to SrA
Jeremy Kenner to AMN
Howard Weir to SrA
Amil Williams to AMN
Matteo Zucchi to SrA

Retirements

CMSgt Patricia Ottinger JFHQ/DE ANG
SMSgt Robert Ward 166 AW
MSgt Luz Rosario 166 MSG
TSgt Robert Okeefe 166 LRS



Emotional Intelligence

By Senior Master Sergeant Faith C. Fleischman
166th AW Human Resource Advisor



SMSgt Faith C. Fleischman
Human Resource Advisor
Phone: (254) 702-7260
Email: faith.fleischman@us.af.mil
Office – Located in 2600, upstairs between Legal and the Chaplain offices

Starting in June we are continuing our Diversity & Inclusion series courses with Emotional Intelligence.

What is Emotional Intelligence?

“Emotional intelligence is your ability to recognize and understand emotions in yourself and others, and your ability to use this awareness to manage your behavior and relationships.” Emotional intelligence 2.0. What everyone needs to know. Emotional Intelligence is the “Other Kind of Smart.”

Why is Emotional Intelligence so important?

When emotional intelligence first

appeared to the masses in 1995, it served as the missing link in a peculiar finding: people with average IQs outperform those with the highest IQs 70% of the time. This anomaly threw a massive wrench into what many people had always assumed was the sole source of success—IQ. Decades of research now point to emotional intelligence as the critical factor that sets star performers apart from the rest of the pack.

Emotional intelligence is the “something” in each of us that is a bit intangible. It affects how we manage behavior, navigate social complexities, and make personal decisions that achieve positive results. Emotional intelligence is made up of four core skills that pair up under two primary competencies: personal competence and social competence.

Emotional Intelligence, IQ, and personality are different. Emotional intelligence taps into a fundamental element of human behavior that is distinct from your intellect. There is no known connection between IQ and emotional intelligence (EQ); you simply can’t predict emotional intelligence based on how smart someone is. Intelligence is your ability to learn, and it’s the same at age 15 as it is at age 50. Emotional intelligence, on the other hand, is a flexible set of skills that can be acquired and improved with practice. Although some people are naturally

more emotionally intelligent than others, you can develop high emotional intelligence even if you aren’t born with it.

Emotional Intelligence and Performance

Emotional Intelligence Is linked to performance. How much of an impact does emotional intelligence have on your professional success? The short answer is: a lot! It’s a powerful way to focus your energy in one direction with a tremendous result. Talent Smart tested emotional intelligence alongside 33 other important workplace skills, and found that emotional intelligence is the strongest predictor of performance, explaining a full 58% of success in all types of jobs.

Your emotional intelligence is the foundation for a host of critical skills—it impacts most everything you say and do each day. If you’d like to learn more about Emotional Intelligence or other topics in our Diversity & Inclusion series, Human Resource Advisor courses are offered to the Wing every Saturday and Sunday of RSD at 1300. Check the RSD Plan and monthly email for locations. See you there!

SMSgt Faith C. Fleischman
Faith.Fleischman@us.af.mil
(254) 702-7260

Office – Located in 2600, upstairs between Legal and the Chaplain offices

Feathers of the Wing

A historical perspective by BG (Ret.) Kennard Wiggins, Curator of the Delaware Military Museum

Excerpt from Squadron History 1949 September 1949 and Summer Encampment 13-27 August 1949

The two weeks annual training period from 13 August to 27 August 1949 was highly successful as far as the 142nd fighter Squadron and allied units were concerned. The encampment started off with a literal “Bang” by having Captain Robert J. Byrne, “B” Flight leader; make an emergency landing, wheels up on the Airport during one of the first flights made on the 13th. Due to poor visibility, operations were curtailed for the day. Most of the flying accomplished was to increase the proficiency of the individual pilots in preparation for the Operational Readiness Test which began



DAYTON, Ohio -- Republic F-84 on display in the Korean War Gallery at the National Museum of the U.S. Air Force. (U.S. Air Force photo)

18 August 1949. Weather again hampered our schedule for the 14th but the pilots were able to engage in brief periods of ground gunnery. The night of the 16th the squadron took off on a mass cross-country; a round Robin to Columbus Ohio. Five four-ship flights made the trip. On the 18th all personnel were placed on a standby alert to commence the Operational Readiness Test. The judge or scorer was Lt Col J.I. Steeves, who is also the Air Force Instructor for the Squadron. The missions were generally led on most flights by the Squadron Commander, Lt. Col Ross J. Adams, Jr. Some of the highlights of the O.R.T. were: a maximum effort flight for reconnaissance purposes; a scramble take-off on the 21st when flagmen were used on the end of the runway to direct traffic; and patrols of designated sectors as well as assignment of specific targets for the squadron to destroy...

The 26th was Governor’s Day when the squadron participated in an Air Show for the benefit of the

Governors of Delaware and Virginia as well as a large crowd of spectators and prominent personalities. This two-week training period was considered very beneficial in pointing out the weaknesses of the squadron as a whole, but also, proved what we already knew, that the 142nd Fighter Squadron was in pretty good shape operationally speaking...

All officers eligible for the State uniform allowance “blossomed out” in the new Air Force blue uniform by the 15th of September. Operations slacked off considerably after the terrific pace set during the encampment, in order to permit the engineering section to catch up on a lot of maintenance caused by continuous daily use of the aircraft. The latest “shot in the arm” for the whole squadron seems to be caused by new rumors concerning our chances of getting F-84 equipment.

Herbert M. Hazzard, 1st Lt, F142nd FTR SQ (SE), Historian



The 166th Airlift Wing takes its Airmen's mental health seriously



That is why our Wing Commander, Col. Lynn K. Robinson called for a mental health stand down on 6-May-2022. Guest speakers included CMSgt Shawn M Callan – 166 MXS Equipment Maintenance Flight Superintendent and TSgt Amanda Aquila – 436 SFS (Master Resiliency Trainer).

Wing leaders recognize the unique challenges that 166AW Airmen and their loved ones face to include balancing civilian obligations and military duties. The 166 AW Mental Health Stand Down was an opportunity for Airmen to reconnect with one another after a very challenging two years and have an open dialogue about mental health successes and challenges.

Col Robinson, 166AW/CC opened the event by conveying a message of appreciation for 166AW personnel and their families' resilience and unwavering commitment to one another and the mission.

It has been my professional experience

that base wide resiliency efforts have a positive impact on work/life satisfaction, productivity and mission readiness.

By fostering open and candid dialogues about mental health, 166AW personnel are taking steps to eliminate stigma.

Individuals in need of mental health support are encouraged to reach out to installation or community-based mental health support, early and often. No one should suffer with mental health challenges alone. Support is available through many DENG and other Veteran friendly sources to include:

J9 Resources

Mrs. Lakenya Baker, MSW, LICSW
166AW/Director of Psychological Health

OFFICE: 302-323-3382
lakenya.baker@us.af.mil

Mrs. Rebecca Price
166AW/Airman & Family Readiness Program Manager
OFFICE: 302-323-3327

Rebecca.price.6@us.af.mil
Mrs. Stephanie Davis
166AW/ Sexual Assault Response Coordinator
OFFICE: 302-323-3504
Stephanie.davis.13@us.af.mil
CH Andy Werner
DENG Full-Time Chaplain
OFFICE: 302-326-7718
Andrew.r.werner.mil@army.mil
Military Friendly Programs
Military OneSource
www.Militaryonesource.mil
800-342-9647
Veterans Crisis Line
www.veteranscrisisline.net
800-273-8255
National Guard Employee Assistance Program
www.AFPC.af.mil/EAP
866-580-9078



Delaware National Guard wins first ever top award for its State Partnership Program with Trinidad and Tobago

By Army Master Sgt. Jim Greenhill and Sgt. 1st Class Zach Sheely,
National Guard Bureau | May 12, 2022

DENVER – A three-decade security cooperation program with almost half the world’s nations is critical to America’s national security, the National Guard’s most senior general said last week.

Army Gen. Daniel Hokanson, chief of the National Guard Bureau, told an annual gathering of Department of Defense National Guard State Partnership Program leaders that the program founded in the wake of the Soviet Union’s collapse enhances interoperability with our partners and allies and supports the National Defense Strategy.

The multiday SPP meeting also featured the award of the first SPP Partnership of the Year. Discussion topics included the program’s future, senior leader perspectives, and enlisted military development.

“You don’t have to look far to see the impact of the SPP,” Hokanson said. “The conflict in Ukraine highlights the interconnectedness of the security environment.”

An SPP charter member partnered with the California National Guard, Ukraine relied on the program as one of the primary ways to strengthen forces and build interoperability, Hokanson said.

Today, the Ukrainian Air Force is demonstrating the competence California Air National Guard pilots have for years said it possesses, he said.

Hundreds of California Guard trainers helped Ukraine enhance infantry tactics, establish and build a noncommissioned officer corps, improve cyber operations and develop command and control capabilities in the years following Russia’s 2014 annexation of Crimea.

Since the recent Russian invasion, California has helped Ukrainians communicate with the combatant command — U.S. European Command — and Defense Department leaders.

“They trust us because they know us,” Hokanson said, quoting California’s adjutant general, Army Maj. Gen. David Baldwin.

Individual relationships built over years — sometimes decades — might be the SPP’s unique magic ingredient: The National Guard was chosen as the military organization to lead the program in part because of the continuity offered by Guard members serving in the same unit for longer durations than their active-duty counterparts, said Army Maj. Gen. Reginald Neal, deputy commanding general, U.S. Army Pacific.

“These partnerships are all about trust and familiarity,” he said. “Guard members are an invaluable resource in providing a persistent and continual presence.”

The SPP pairs the National Guard in the states, territories and the District of Columbia with nations worldwide. What began with 13 partnerships in 1993 is now up to 87 partnerships with 93 countries. SPP administrators plan to add about two partnerships each of the next 15 years.

Administered by the National Guard Bureau, the SPP is guided by State Department foreign policy goals and executed by the adjutants general. The SPP supports combatant commander and chief of mission security cooperation objectives and DOD policy goals.

Key leader and subject matter expert exchanges; whole-of-government interaction;



Bangladesh Maj. Gen. Abdul Wadud, principal staff officer, Armed Force Division, tries on for size one of the F-15 fighter jets at the Portland Air National Guard Base, Portland, Ore., Mar. 8. Flanking him is Oregon Air National Guard Col. Jeff Silver (right). Wadud joins other high-ranking officials from across the world for the State Partnership Program Workshop, which brings together members of Bangladeshi civilian and military leadership and Oregon National Guard leadership and other directors from local civilian agencies, will be held March 8-11 in Portland, Ore.

academic inclusion; and how program administrators used budgeted money were among the criteria judges considered to decide this year’s first-ever Partnership of the Year Award.

The Delaware National Guard’s partnership with the Trinidad and Tobago Defence Force took the top award.

Delaware Guard leaders say their program is a partnership of partnerships that includes their governor, state agencies, U.S. Southern Command, the National Guard Bureau, and other Joint Force components.

COVID-19 affected the state’s ability to execute partnership events. Delaware adapted with virtual meetings and still managed some in-person exchanges.

The pandemic challenged the SPP across the National Guard.

“We had a slow couple of years ... because of COVID, but it’s really coming back, and it’s going to be more focused than ever,” said Air Force Maj. Gen. Randolph Staudenraus, the director of NGB’s strategic plans, policy and international affairs, which administers the SPP. “We’ve been very concentrated on training with our partners in the past. That will continue, but we also want to address the issues of tomorrow now.”

While the pandemic forced a pause on many activities, engagements have bounced back in 2022, Staudenraus said.

U.S. Indo-Pacific Command’s area of responsibility is one of the regions eyed for growth. There are 13 partnerships in USINDOPACOM, and Neal, the U.S. Army Pacific deputy commander, said there might be growth opportunities.

Africa also might offer expansion opportunities, said Ambassador Andrew Young, U.S. Africa Command’s deputy to the commander for civil-military engagement.

Young lauded the SPP’s success with African partner nations.

“We are most effective when we synchronize diplomacy, development and defense,” he said. “National Guard state partnerships build on these fundamental values. The priceless network of these relationships is based on the most powerful tool that we have: trust.

“Our motto at U.S. Africa Command is to accomplish our objectives by, with and through our partners,” he said. “That is such a good fit for the State Partnership Program. To achieve sustainable outcomes, we must enable our partners — and the National Guard does this through the SPP.”

The SPP now includes 16 partnerships with African nations, and Young emphasized the continent’s strategic importance. “America cannot ignore Africa,” he said. “Africa is linked to American interests, and our competitors see the advantage of Africa.”

A panel discussion, led by National Guard enlisted leaders, focused on this concept of enlisted and NCO development with partner nations.

“We need to tell the story of the SPP,” Young said, “and continue to expand from those military-to-military engagements and include more military-to-civilian and civilian-to-civilian engagements. With this, the SPP will continue to be a two-way street where both partners win.”

—
Air Force Lt. Col. Allison Stephens contributed to this story.

Recruiting

By SSgt Jovon Farrel-Newman

Hi everyone, my name is SSgt. Jovon Farrell-Newman. Some of you may recognize me as the “Country Singing Firefighter” from CE’s Station 33. However, as of last month I am the newest member of the Delaware Air National Guard recruiting team. I would like to take this time to share with you a little about my story.



I joined the Delaware ANG family back in the fall of 2015 as an Airmen First Class and recent graduate of Wilmington University, where I obtained my Bachelor of Science in Criminal Justice. I joined the unit to provide for my family and to challenge myself.

In the spring of 2016, I attended Basic Military Training (BMT) at Lackland AFB. While at BMT, I was appointed Element Leader where I worked in coordination with my Military Training Instructors and Dorm Chief to assure each member of my element/flight complied with the instructions given. After BMT, I had a four-month break in training. During this time, I attended my Regularly Scheduled Drills (RSDs) while assisting in the training of fellow student flight members.

In the fall of 2016, I attended Technical Training School (Tech School) at Goodfellow AFB. While attending Tech School, I was appointed Class Leader where I worked in coordination with instructors to assure that members of my class accomplished the objectives set forth by each instructor. In my spare time, I volunteered over 100 hours, serving as a Chapel Guide and receiving my “White Rope” certification. Through teamwork, our team was able to serve over 17,000 students. I, along with other members of the Chapel Guide Program were awarded a coin of excellence from the Chapel Coordinator. After graduation I started my full-time career as an Airfield Firefighter here at 166th AW Fire department.

In the winter of 2018, I was awarded a coin of excellence from The Adjunct General of the Delaware National Guard (the late Major General Carol A. Timmons). I was awarded this, after performing the National Anthem at the 2018 Senior Leadership Conference. In the winter of 2019, I was promoted to my current rank of Staff Sergeant.

During a period in our department where manpower was limited due to deployments, I assumed the responsibilities of a mid-level supervisor / leader and acted as station captain both as a traditional and as a state technician. During the 2020-2021 rating period, I was awarded both NCO of the quarter as well as NCO of the year. I was assigned the additional duty of the Urban Search And Rescue (USAR) equipment custodian; where we updated the fire department’s Customer Authorization / Customer Receipt Listing (CA/ CRL).

In the winter of 2021, I completed a course in public speaking as well as The Noncommissioned Officer Academy (NCOA). In the fall of 2021, I was requested to perform the national anthem by Brigadier General Carla Riner during her promotion ceremony. As well as perform at Blue Rocks Stadium where Adjutant General, Major General Berry awarded me a coin of excellence. Lastly, in November 2021, I was given the honor of performing the national anthem at the 2021 Commonwealth Awards where I was able to meet former President George W Bush as well as U.S House of Representatives Lisa Blunt Rochester.

My military career has taken a consistent upward trajectory. Both in terms of the achievements I have gained and the successful work I have carried out for my military supervisors. My experiences thus far have afforded me the opportunity to develop my technical and leadership skills as well as an opportunity to be civically engaged in my community. I will continue to look for opportunities to learn, grow and to represent the Delaware Air National Guard in any way that I can.

So, with all that being said...if you see me on base or on stage feel free to say hi!

Let’s Connect!

Cell: 302-547-6656

Office: 302-323-3448

Email: jovon.farrellnewman@us.af.mil

<https://www.facebook.com/thatdangrecruiter>

<https://www.instagram.com/thatdangrecruiter/>

<https://linktr.ee/thatdangrecruiter>



166th Airlift Wing



Providing a Comprehensive Support Program to the Airmen and Families we serve.



The mission of the Airman and Family Readiness (A&FR) Program is to provide targeted Airmen and Family support and services by contributing to mission readiness and the well-being of our Air Force and Air National Guard Community.

Office Contact Information:
Office Phone: 302-323-3327
Duty Phone: 302-547-3519
Email: Rebecca.Price.6@us.af.mil



Airman & Family Readiness Program

*Service Members * Families * Community*

Transition Assistance Program

- Transition Counselor
 - VOW (T10 > 179 days)
 - Preseparation Counseling
 - TGPS Workshop
 - VA Benefits Briefing
 - Capstone
 - T32 Separates & Retirees
- Logistical Support
 - Funding Coordinator
 - Coordinate with CSS Personnel for orders

Relocation Assistance Program

- In- processing and out - processing checklists
- Newcomer's Briefing
- Update installation and local information on DoD Computer Information System

Deployment Cycle Support

- Resources & Services
- Pre-deployment / Reintegration Briefings
- Support during all phases
- Hearts Apart (Family Outreach)
 - Key Spouse
- PDF line
- Departure/Welcome Events
- Yellow Ribbon Events – provide resources / briefing (as determined by agenda)
 - **YRSS (contractor) – Plans, Organizes, and Executes Events and provides A&FRO Support**

Emergency Operations

- Emergency Family Assistance Center Director (EFAC)
- AFPAAS Case Manager
- Crisis/SIR Support
- Disaster Mental Health Team
- Red Cross Notification

Personal Financial Readiness

- PFR Mandatory Touchpoints
 - New Accessions
 - First Duty Station Training
 - TSP vesting
 - Continuation Pay
 - Transition
 - Lump Sum Payment
 - Pre/Post Deployment
 - Life Events – marriage / divorce / new child / disabling sickness, etc.
 - Subsequent Duty Station
 - Promotion
- Emergency Financial Assistance/Grants
- Preventative Counseling
- Workshops
- **PFC (contractor) - available to assist and conduct counseling**

Personal and Work Life Services

- Key Spouse Program (direction determined by CC)
- Air Force Families Forever /Gold Star Families
- Enrichment Classes
- Stress Management
- Resilience Classes
- VA Support
- PFC & MFLC Wing Coordination

Resource Management

- Budget & Fiscal Management
- GPC FOR A&FR, TAP, CAF
- PEC 58520F (War-fighter and Family Services which includes Family Programs (TP), YRRP (CH) Strong Bonds (AV), TAP (MO), and CAF) and 52519F (Child & Youth)
- Equipment - Network Laptop, Non-network Laptop, Desktop Scanner, cell phone, Wi-Fi, iPads
- Volunteer Management

Employment Assistance

- Resume / Interview Skills
- Classes / Networking
- Coordinate with America's Job Centers / Job Fairs / VA
- Discovery Center

Information & Referral

- Wing/Sate/National Benefits
- Tricare
- Discovery Center
- EAP
- EFMP
- Child & Youth
 - Military Child Education
 - Camps
 - School Liaison
- Strong Bonds/Marriage Enrichment
- Warrior & Survivor Care/ MEB support
- Voting Information

Community Resources

- National
- State
- Local – Civilian, Military, Partnership Agencies
- Base – Community Action Board (CAB) / Community Action Team (CAT)
- Comprehensive Airman Fitness
- Military/Veteran/Community Networking Groups
- Sister Services Family Programs Offices
- Military One Source
- Outreach Programs
- Marketing/Advertising
- Building Healthy Military Communities (BHMC)

Records Management

- AFFIRST, DoD TAP & MyVector
- File Plan, PII, MICT
- Annual IG By Law Inspections
- Accreditation / Certification



SAVE THE DATE

FAMILY DAY

11 September 2022
10:00 am - 2:00 pm
DE Air National Guard

OPEN TO FAMILIES & FREE FOR DEERS DEPENDENTS





SHOP SMART: SAVVY BUYING TIPS FOR MILITARY FAMILIES

You work hard for your money.
Learn how to spend it wisely.




Military families have a variety of resources available to help make smart purchasing decisions. Take advantage of the following to get the most bang for your buck.



DO YOUR RESEARCH

- **Before** making a big purchase, plan how to fit it into your budget.
- **Compare** prices online or through apps to ensure you get the best deal.
- **Ask** about military discounts for commercial services and retail products.
- **Read** unbiased online reviews from credible sources.
- **Visit** your nearest Military and Family Support Center before making a major purchase to review your spending plan with a personal financial manager or counselor.
 - » **Find** your nearest PFM: <https://installations.militaryonesource.mil> (search "Personal Financial Management Services")
 - » **Find** your nearest PFC: <https://finred.usalearning.gov/pfcMap>

FOLLOW THE OFFICE OF FINANCIAL READINESS

- **Receive** budget-friendly shopping tips and smart savings ideas by following the Office of Financial Readiness online at <https://finred.usalearning.gov> and @DoDFINRED on    

SHOP YOUR COMMISSARY

- **Shop** military-run commissaries worldwide to save about 25% on your grocery and household purchases.
- **Find** your nearest commissary: <https://www.commissaries.com/shopping/store-locations/find-a-store>
- **Save** even more by clipping paper coupons and loading digital coupons and promotions onto your Commissary Rewards Card: <https://www.commissaries.com/rewards-and-savings/rewards-card>



EXPERIENCE THE EXCHANGE

- **Each** service branch has its own exchange system offering discounted, tax-free shopping.
- **Buy** housewares, furniture, electronics and more.
- **Visit** their uniform shops, barbershops, laundry, dry cleaners and restaurants.
- **You** can also shop online and take advantage of special deals:
 - » **Army and Air Force:** <https://www.shopmyexchange.com>
 - » **Marines:** <http://www.mymcx.com>
 - » **Navy:** <https://www.mynavyexchange.com>
 - » **Coast Guard:** <https://shopcgx.com>

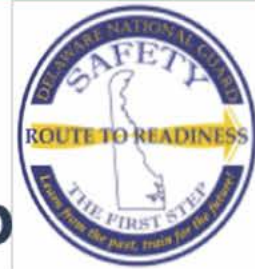




HEALTH & SAFETY REMINDERS

For The Brave Men and Women of the

DELAWARE NATIONAL GUARD



On the Home Front

Riding Mower Safety (Pt. 1 of 2)

Riding mowers, lawn and garden tractors and zero-turn radius mowers can sure make a big mowing job easier. The U.S. Consumer Product Safety Commission (CPSC) estimates that there are about 35,000 injuries and 90 deaths annually from riding mowers. CPSC states that fatal incidents have three common patterns: 1) the machine tips over; 2) the victim falls under or is run over by the machine (incidents involving young children are in this category); or 3) the victim is thrown from or falls off the machine.

In this two part series, we will review several important safety suggestions from the CPSC.

General Mowing Safety

- Read, understand, and follow all instructions on the machine and in the manual(s) before starting.
- Do not put hands or feet near rotating parts or under the machine. Keep clear of the discharge opening at all times.
- Only allow responsible adults, who are familiar with the instructions, to operate this machine.
- Clear the area of objects such as rocks, wire, toys, etc., which could be thrown by the blade(s).
- Be sure the area is clear of bystanders before operating. Stop the machine if anyone enters the area.
- Never carry passengers.
- Never direct discharged material toward anyone.

Safety on the Job

How Are Your Compressed Cylinders Doing?



Different types of compressed gas cylinders are used in just about every facility. Take care of these things! If not treated with safety care, they can cause fires and explosions. Listed below, are a few things to consider about compressed gas cylinders.

- ? Are cylinders stored in upright positions and immobilized by chains or other means to prevent them from being knocked over?
- ? Are cylinders stored away from electrical connections, gas flames or other sources of ignition, and substances such as flammable materials/liquids, solvents and combustible waste material?

- ? Are oxygen and fuel gas cylinders separated by a minimum of 20 feet or a fire resistant partition when in storage?
- ? Are storage rooms for cylinders dry, cool (<125°F and away from heat sources) and well-ventilated?
- ? Do all compressed gas cylinders have their contents and precautionary labeling clearly marked on their exteriors?
- ? Are all compressed gas cylinder valve covers in place when cylinders are not in use?
- ? Are all compressed gas cylinders stored so they do not interfere with exit paths?
- ? Is repair, painting or alteration to the cylinder, valve, or safety relief devices prohibited?
- ? Are charged or full cylinders labeled and stored away from empty cylinders?
- ? Is an approved leak-detection liquid used to detect flammable gas leaks?
- ? Do all compressed gas cylinders have safety pressure relief valves?
- ? Are all compressed gas cylinders regularly inspected for any type of physical damage?
- ? Are cylinder valves closed at all times, except when the valve is in use?
- ? Are compressed gas cylinders always moved by a suitable hand truck?
- ? Are employees prohibited from using compressed gases to clean clothing or work surfaces?

On the Home Front

continued

- Do not mow in reverse unless absolutely necessary. Always look down and behind before and while backing up.
- Stop the blade(s) when crossing gravel surfaces.
- Do not operate machine without the entire grass catcher, discharge guard, or other safety devices in place and working.
- Slow down before turning.
- Never leave a running machine unattended. Always turn off the blade(s), set the parking brake, stop the engine, and remove the key before dismounting.
- Disengage blade(s) when not mowing. Shut off engine and wait for all parts to come to a complete stop before cleaning the machine, removing the grass catcher, or unclogging the discharge guard.
- Operate machine only in daylight or good artificial light.
- Do not operate the machine while under the influence of alcohol or drugs.
- Watch for traffic when operating near or crossing roadways.
- Use extra care when loading or unloading the machine into a trailer or truck.
- Always wear eye protection when operating the machine.
- Follow the manufacturer's recommendation for wheel weights or counterweights.



Health Talk

Tips for Dusty Jobs

Maintenance, clean up and utility workers are exposed to more dust than many other employees. Because dust can have some real bad stuff in it like silica, you should take steps to protect yourself against possible health hazards. MSHA gives us a couple safety tips concerning dust in the workplace.

Upon inhalation, some dust is stopped by the body's natural defense system, but the smallest dusts can penetrate deep into the lungs. The harm from dust depends on what it's made of, what size it is, how much you breathe and how long you breathe it. Silica is the second most abundant component of the earth's crust. Therefore, there is a good chance that silica would be a prime suspect for a bad guy dust. If you're exposed to enough dust with silica, in time you can get a disease called silicosis. Silicosis can be a disabling, even fatal illness that can't be reversed once a person has it. Lung tissue becomes scarred and inflexible and breathing becomes harder and harder. Many other dusts can be dangerous too. They may affect the lungs in similar or different ways than silica. The bottom line is—they can affect the lungs in a

bad way. The less dust you are exposed to, the better.

- ⚠ Don't dry sweep. It puts dust in the air where you can breathe it.
 - ⚠ Use water or a vacuum system with a HEPA filter for cleaning.
 - ⚠ Keep your work area clean.
 - ⚠ Don't let dust build up.
 - ⚠ Compressed air is NOT for cleaning clothes or equipment. It just disperses the dust into the air where you or others can breathe it.
 - ⚠ Report maintenance or system problems promptly.
 - ⚠ Maintain all dust collection systems in good working order.
 - ⚠ When possible, maintain and clean equipment when it's not operating.
 - ⚠ Work upwind of dusty areas when you can.
 - ⚠ Clean equipment and work areas before and after doing maintenance.
- If you're going to wear a respirator. It must be...**
- ⚠ The right type, worn right.
 - ⚠ Clean.
 - ⚠ Worn faithfully and correctly.
 - ⚠ Fit-tested.
 - ⚠ Beards prevent good seals.

For informational purposes only. Not intended as guidance to diagnose or treat any condition. See your health care professional for all health-related concerns.

Proudly Provided by



A Publication of Flick Safety Services, LLC

Brockway, PA • Flicksafety@outlook.com • 814-328-2744



A message from the 166th AW Chaplain Corps

“Choose your information based upon your destination.” This was a quote that I heard during the month of April which resonated with me. Last month, the focus was around identifying where we are in our life, who we are, and then moving toward where we are going. Sometimes, in order to move toward our desired destination, we need some new information. Someone once said, “You can’t keep doing the same things you have been doing and expect to get different results...stop making excuses and make a change.” Change does not just happen. Many times, in order to change, we need to pay close attention to the type of information we are receiving. I am sure you have heard this quote, “You are what you eat.” This is not just about the food we intake into our body, but also the information we intake into our mind. Take an inventory of the type of information you have been digesting lately. Does it align with your desired destination? If not, begin to make some adjustments. As we continue throughout this year, remember this: Information impacts our destination.



Chaplain William Guy, 166 AW/HC

Upcoming Strong Bonds Events:

- Married Couples Weekend Event, July 15-17, 2022
- Family Weekend Event, August 26-28, 2022

166th Chaplain Corps



Chaplain, Lt Col Giamello



Chaplain, Capt Guy



MSgt Jason Mell



SSgt Justin Kallner



SSgt Joseph Scholz

Contact the Chaplain Corps
166.AW.166.DANG.Chaplain.Corps.Org@us.af.mil
 Chaplain Office: 302-323-3367 (leave a general voicemail)



STAY CONNECTED WITH THE AF CONNECT APP

Team DANG,

Have you downloaded the AF Connect app from the App Store or Google Play yet?

The need for up-to-date information in an instant is imperative during this time of constant change and frequent updates.

This app will keep you up-to-date with push notifications as well as accurate and timely information at the touch of a button.

Click the following links to download on your respective device and see the following screenshots on how to add the 166th Airlift Wing's tab as a favorite.

App Store (Apple Devices):

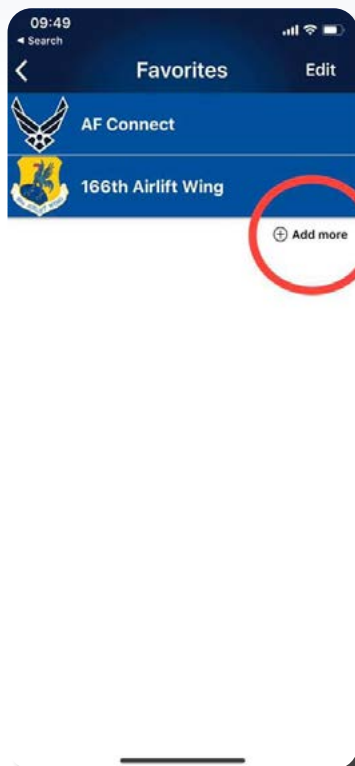
<https://apps.apple.com/us/app/usaf-connect/id1403806821>

Google Play (Android Devices):

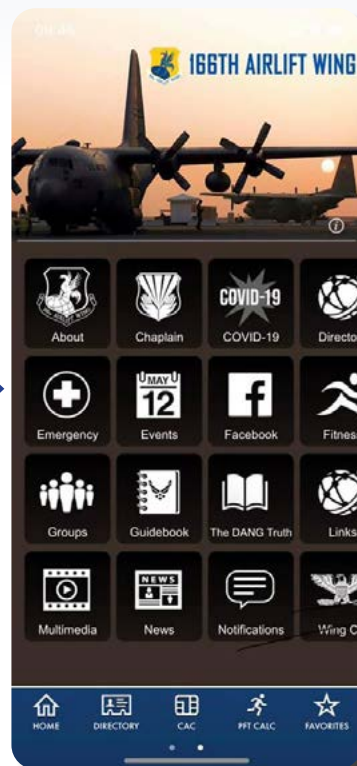
<https://play.google.com/store/apps/details?id=com.m360connect.usaf>



1. Tap on "FAVORITES"



2. Tap on "Add more" then select "166th Airlift Wing"



3. See these tiles appear that point to important links